



## BEST PRACTICE OF THE MONTH

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### The 20/20/20 Practice

**We all know the importance of a JSA/JHA prior to starting work, but can the hazards change throughout the course of work, and how do we identify the new hazards? The answer is the 20/20/20 Practice.**

When working on any mine construction project tasks, we can often find new hazards can arise over the course of the time on task. Changing conditions is not just a construction event where hazards are transitory but these same experiences can be witnessed in any operations, and at any time. Based on working conditions, any JSA/JHA started at the beginning of task / shift can become less or completely ineffective over time.

To avoid this hazard fatigue (either repetition, monotony, tunnel vision, or any other fatigue) a best practice experience is the 20/20/20 practice.

**Basically the practice states every 20 minutes, take 20 steps back, and take 20 seconds to observe your surroundings, take a drink of water, and ask yourself, has anything changed since you entered the area and started your task? Is the JSA/JHA still accurate? What changes do I need to make to my JSA/JHA to protect myself and my coworkers around me?**

Supervisors should also apply the 20/20/20 practice at separate intervals to ensure that the health and safety of all miners is in place at all times.

